



WEISSENHAUS

GRAND VILLAGE
RESORT & SPA AM MEER

CASTLE SPA

SPA-SELECTION



TRANQUILLITY, VASTNESS & THE SEA RELAXATION FOR ALL SENSES





WELCOME

Dear WEISSENHAUS guests,

rested and relaxed, happy and serene, awake and focused. When was the last time you experienced yourself like this?

These are however the ingredients for a happy and balanced, long life. The overall experience WEISSENHAUS is formed by many various events, whereby at the end of your journey a well-balanced body and mind are the favored results.

More than 400 years ago, WEISSENHAUS was already dedicated to summer hideaways, recreation and regeneration. We had been a retreat for international guests even before the word was invented. The stay in our CASTLE SPA is therefore an accompanying, essential step on the way to complete regeneration.

It is clear to us that everything we know has been taught by nature. The main ingredients for beautiful skin and a strong body can be found outside in our castle park: long walks in the sand or along the

cliffed coast, the inhalation of sea air in combination with the fragrance of spruce resin, the paths through wind and weather are only interrupted by the chirping of birds and the looks of curious deer and herons at the castle pond.

To ensure that you look as good as you feel, we look after the remaining steps to more well-being and youthful appearance directly here in the CASTLE SPA. See you soon!

Warm regards,
Your WEISSENHAUS hosts



EXCLUSIVE BEAUTY MOMENTS

with guaranteed immediate effect

BEAUTY, MAKING YOU HAPPY, SELF-CONFIDENT & STRONG

We are convinced that BABOR achieves the best beauty results for our guests and keep it like Oscar Wilde:

“People say sometimes that Beauty is superficial. That may be so.

But at least it is not so superficial as Thought is. To me, Beauty is the wonder of wonders.

It is only shallow people who do not judge by appearances.

The true mystery of the world is the visible, not the invisible.”

BABOR as a family business has been striving for outstanding results made in Germany for three generations. Highly effective products with proven excellent compatibility form the foundation of our globally established brand partner.

Every day, we see how a fantastic BABOR face or body treatment enhances the charisma and the self-confidence of our guests and brightens up their day.

BABOR



EXCLUSIVE BEAUTY MOMENTS

with guaranteed immediate effect

A MAXIMUM OF BEAUTIFUL SKIN WITH THE FOUR FUSION TECHNOLOGY

BABOR SKIN FUSOR

Experience the new generation of powerful facial treatments, exclusively in our Castle Spa and enjoy the benefits of the innovative Four Fusion Technology from BABOR. The four treatment stages ensure a breathtaking, radiant complexion and newly won, rejuvenated elasticity. Deep-seated impurities and sebaceous filaments no longer stand a chance and dead skin cells are easily removed. During the intensive moisturising phase your skin is supplied with powerful active ingredients before the energising and stimulating impulse massage ensures an undisturbed supply of oxygen and nutrients. This purely apparatus-based treatment is carried out with particular care by our beauty experts and provides your skin with a lasting supply of valuable active ingredients. Completely free of redness or need of a regeneration period, the Skin Fusor promises a real wow effect.

100 MIN \ 299 €



Step 1 CLEAN FUSION
Effective
deep cleaning

Removes dirt from the skin surface and dissolves deep-seated impurities and deposits from the pores.



Step 2 POLISH FUSION
Pore refinement &
clarification

Evenly removes dead horny cells and dissolves impurities and sebum deposits.



Step 3 HYDRA FUSION
Intensive
moisturizing

The skin is intensively moisturized and powerfully and lastingly supplied with active nutrients.



Step 4 IMPULSE FUSION
Dynamic impulse
massage

The pulsating vacuum acts like a power workout. The blood circulation of the skin is thus supported for the optimal supply of nutrients.

EXCLUSIVE BEAUTY MOMENTS

with guaranteed immediate effect

SPARKLING LIKE A DIAMOND MICRODERMABRASION & ULTRASOUND APPLICATION

Experience the fantastic and immediately visible effect of this intense, automated treatment. Your skin will look rejuvenated and silky smooth. Fine lines and wrinkles are visibly reduced, and the entire skin appears calm and harmonious. On this basis, active ingredients you may already be using at home, develop a profound effect. This treatment is absolutely painless and the effect is not comparable with the results of a manual facial treatment.

100 MIN \ 259 €

Our recommendation: you will look fantastic afterwards even without make-up, think of the perfect finish with tinted eyelashes and eyebrows.

20 MIN \ 29 €

SEA CREATION BEAUTY TREATMENT

Treat your skin to a luxurious expedition into the deep sea. Feel how highly effective ingredients from the depths of the ocean flood your skin during every phase of the luxury Sea Creation treatment and bring out an optimum of radiance and youthfulness. The highly concentrated serum, applied from a Tigris mussel, the exclusive cream, intensively massaged in, as well as two rejuvenating masks let the skin appear firmer, smoother and more youthful immediately.

A treatment with a long-term effect and the use of the latest and most effective cosmetic findings.

100 MIN \ 259 €

Our recommendation: combine it with an invigorating full body sea salt peeling based on sea salt with a hint of roses. Circulation will be stimulated and your whole body will feel silky fine and pure.

20 MIN \ 59 €

Only available in connection with a beauty treatment.

PURE MOISTURE EFFECTIVE REGENERATION

Your skin is like no other. This individual beauty treatment includes: precious concentrated active ingredients, such as the firming Collagen Organic Matrix, the nourishing HSR Fleece Mask or the balancing and calming Algae Powder Mask. Each individual skin need will be intensively addressed and effectively treated.

75 MIN \ 159 €

Our recommendation: for maximum intensification of the favored result choose the ultrasound treatment, which transports precious hyaluronic acid into the depths of your skin and has a plumping and rejuvenating effect. Alternatively, the effective microdermabrasion is a perfect addition.

20 MIN \ 59 €

Only available in connection with a beauty treatment.

PURELY MEN'S BUSINESS

PURELY MEN'S BUSINESS

An energizing and refreshing treatment as a perfect experience of skin care for real men's skin. Visible signs of fatigue, dry or problematic skin will be effectively combated. An intensive facial massage, an efficient active ingredient and the magical Collagen Organic Matrix Mask enhance your charisma visibly and instantly.

60 MIN \ 135 €

Our recommendation: choose an extra portion of care for your nails during the treatment time and book our nail polishing service. The result is a smooth, natural and healthy-looking nail surface and soft hands in an instant.

DURING THE MASK-TREATMENT \ 15 €

Only available in connection with this treatment.



SPA-TIP!

Explore as often as you can the lanes between the buildings on foot and enjoy the forest, the walk to the Grand Paddock or the rosary and aroma garden. Especially after a rain shower or in foggy weather the air in our forests is enriched with essential oils and particularly beneficial for the airways and the soul.

MANICURE & PEDICURE



NICE HANDS

After a nourishing aromatic hand bath and a sugar peeling, the nails will be shaped and polished. Distracting cuticles will be removed and the perfect nail will be exposed. Afterwards, the hand will be pampered with a regenerating hand and arm massage.

50 MIN \ 85 €

NAIL POLISH-SERVICE

We indulge your nails with four layers of nail polish including nourishing undercoat and sealing Top Shine topcoat.

15 MIN \ 19 €

RELAXED FEET

After an aromatic footbath and an intensive peeling, your feet are perfectly prepared for the following effective treatment. The nails will gently be brought into shape and anything disturbing will be removed, until only a velvety soft foot remains. A rich foot care will be rubbed in intensively and forms the fragrant finish.

50 MIN \ 85 €

Our recommendation: there is nothing better for your hands and feet than the rich and nourishing coconut oil by LIGNE ST BARTH. Whether as a magic agent against stressed soles of feet or to bridge the gap to the next nail service, this all-rounder wraps you in a Caribbean silky cloud.

200 ML \ 48 €

CARIBBEAN EXPERIENCES

FOR FACE, BODY AND SOUL

LIGNE ST BARTH - a genuine family business which stands for joie de vivre and pure care pleasure.

We believe this suits WEISSENHAUS perfectly.

The manufacture LIGNE ST BARTH is located on one of the most beautiful Caribbean Islands: Saint-Barthélemy. Right here the precious products and fragrances are produced by the islanders, partly still in the traditional ways of the Arawak Indians. Each of our LIGNE ST BARTH treatments is preceded by a special ritual of relaxation, preparing you for your following spa moment from head to toe.

By the way: we mix the precious LIGNE ST BARTH products right in front of your eyes for you and refine them with fresh papaya and cucumber mousse.



L I G N E®
ST BARTH
The Spirit of Nature



CARIBBEAN MOMENTS

ST BARTH HARMONY

INDULGENT FULL BODY MASSAGE

You sink down on your soft spa-bed and enjoy the atmosphere filled with Caribbean fragrances and the signature scented candle. Experience the indulging full body massage with all your senses. The varied aromas will be chosen individually with you. Warm coconut oil for particularly dry skin, exclusive avocado oil to strengthen the skin or the refreshingly aromatic camphor menthol oil against tensions are ready for your journey of fragrances. The final part is the head massage with scented aloe vera gel.

90 MIN \ 159 €

Our recommendation: the ST BARTH SOFTNESS is an absolute must-have ahead of this captivating treatment. A real beauty booster for body and all of your senses.

30 MIN \ 59 €

Only available in connection with another body treatment.

ST BARTH SOFTNESS

FULL BODY PEELING RITUAL

Fruit enzymes from fresh papaya and a mineralized sea-sand-complex conjure up soft skin with this sensual peeling massage. Warm coconut oil nourishes the skin and provides it with valuable nutrients. Fresh natural yoghurt refreshes and soothes. The insider tip for the preparation, prolongation and intensification of existing sun tan.

45 MIN \ 85 €

Our recommendation: enjoy a healthy snack or one of the refreshing Caribbean smoothies at the VITALBAR in the winter garden afterwards.

CARIBBEAN MOMENTS



ST BARTH CARIBBEAN SYMPHONY LUXURIOUS FULL BODY MASSAGE

Enjoy the Caribbean prelude with your LIGNE ST BARTH Softness Peeling Massage, followed by the relaxing Harmony Full Body Massage which relieves tensions deep in the tissue and provides a firework of aromas.

In the evening we may surprise you in your room* with an exotic LIGNE ST BARTH tray filled with fragrant blossoms and prepare the four ingredients for your ST BARTH Dream Bath right in front of your eyes, then run you the fragrant bath.

130 MIN \ 259 €

** Please understand that the In-Room Treatment Dream Bath can only be realized in guest rooms with a bathtub.*

RASUL BATH & HAMMAM-CEREMONY

RASUL BATH

Enjoy this traditional care ceremony and immerse yourself in the magic of the orient. After a refreshing shower in our exotic hammam lounge, various mineral clays will be applied to the face and body. Afterwards relax and unwind in the fragrant private steam bath, while the different mineral clays unfold their effect and caress your airways. The blood circulation of the skin is boosted and the metabolism stimulated, the skin tissue is noticeably and visibly strengthened. Apply a luxurious skin oil to your still wet skin, whose smell reminds of 1001 nights. Deeply relaxed, we invite you to our fireplace lounge, where refreshing peppermint tea and sweets from the orient await you.

45 MIN \ p.P. 69 €

Our recommendation: share this luxurious experience for body and soul with your whole family or your dearest friends.

HAMMAM CEREMONY

In the exotic ambience of the Hammam Lounge, surrounded by sensual fragrances, your body is warmed at about 50°C and the actual bathing ritual begins. Enjoy a full body peeling with the traditional „Kese“, an oriental glove made of raw silk. Relaxed, you lie on the warm Hammam stone and the foamy warmth embraces your senses. Afterwards you will be pampered with the traditional soap foam massage and a head wash. The last step is a warm oiling with oriental essences.

75 MIN \ 169 €

Our recommendation: allow yourself sufficient rest after this ritual and do not forget to drink plenty of fluids. Refreshing peppermint tea and fruits will be prepared for you. Another sauna or pool visit is not recommended now.



EXCLUSIVE FEEL-GOOD MOMENTS

RELAXING FULL BODY MASSAGE

This sensitive full body massage with nourishing oils gently releases even deep-seated tensions from head to toe. Stress and hectic also vanish with the included facial massage with a luxurious beauty product, which brightens up your skin, relaxes and loosens the facial muscles.

60 MIN \ 130 € or 40 MIN \ 85 €

Our recommendation: in combination with a BABOR ampoule crash treatment you maximize the holistic effect of the treatment and combine total relaxation with a beauty booster. Your therapist will massage in two BABOR active ingredient ampoules based on your skin condition.

10 MIN \ 29 €

Only available in connection with a body treatment.

FOOT REFLEXOLOGY MASSAGE

The skillful application of pressure and the massage of the reflex zones of your feet is a wonderful pleasure and has a positive and relaxing effect on the whole body. After a pleasant footbath and an individual introduction to the treatment, you will be extensively spoiled.

50 MIN \ 95 €

Our recommendation: a visit to the sauna or hammam is the perfect way to round off this intensive treatment. In summer month we recommend a walk along the Old Lime Tree Alley or the orchards at the Yoga Pavillon barefoot.

HOT STONE MASSAGE

The application of hot stones is based on the long experience of Asian healers. Since then, the soothing effect of gentle pressure in combination with warm strokes is known. This relaxing full body massage with warm oils and hot basalt stones, which are placed on the energy centers of your body, promises holistic well-being and deep regeneration.

75 MIN \ 145 €

EXCLUSIVE FEEL-GOOD MOMENTS

LOMI LOMI NUI

TOTAL MENTAL AND PHYSICAL REGENERATION

The Hawaiian temple massage - also known as queen of massages - awaits you. You are facing big decisions and need a clear head? Then this is the ideal choice. This traditional temple massage was originally performed by the former healers and priests of Hawaii, the „Kahunas“. Pleasurably flowing movements literally wash around your silhouette, warm oil is everywhere.

90 MIN \ 185 €



STRENGTH, FITNESS & MOVEMENT

JOY OF MOVEMENT

In our winter garden loft you will find the latest TechnoGym equipment. TV, Internet & USB connection are a matter of course for your comfort. Here, too, we demonstrate our commitment to the conscious use of resources. The cardio machines are designed to gain any energy needed to power the device and feed back into the system by your training: exercise with a clear conscience. Our Kinesis machine is also a useful addition to your sports routine. The rope pull system, which can be moved at an angle of 360°, allows more than 200 exercises to be carried out without any presetting and it enables you to create natural and individual movement sequences, adapted to your objectives.



However, the most ideal training partner of all is nature. Discover the most beautiful jogging routes through the resort and stop for individual exercises at the Yoga Pavilion next to the castle pond. You are also very welcome in our Open Yoga Classes in the Old Horse Stable.



SPA-TIP!

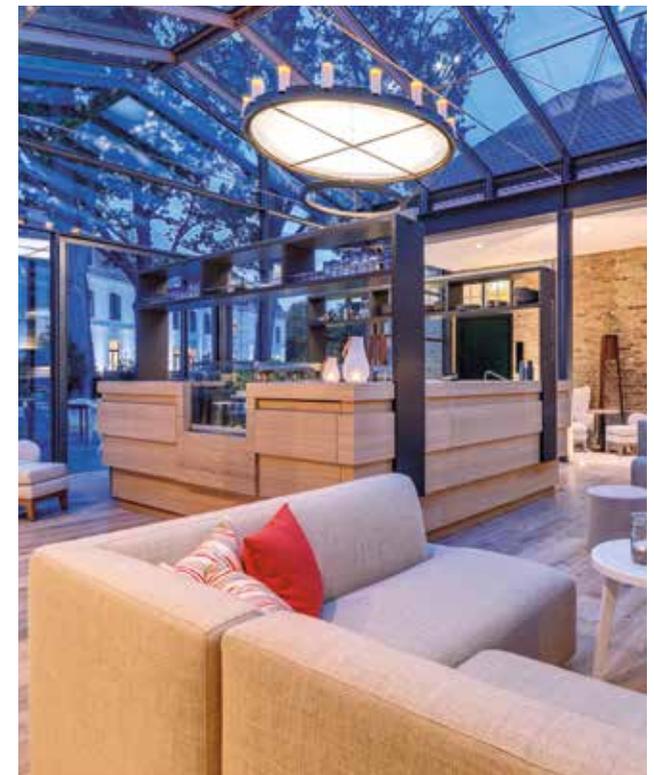
Did you know? Jogging or walking on natural grounds, such as forest floor or sandy beach, protects the joints as well as the entire musculoskeletal system in an ideal way.

VITALBAR

IN THE WINTER GARDEN

Every day, our VITALBAR has a tasty and healthy snack offer prepared for you.

Fresh smoothies, coffee specialties as well as healthy feel-good dishes and small, fine snacks complete the daily offer between fitness and relaxation for you.



SAUNA WORLD

FINNISH SAUNA \ 90°C The Finnish sauna is the most traditional way of enjoying a sauna. Humidity of 20% and temperatures of up to 100°C are reached. Here we celebrate our infusion ceremonies for you.



BANJA \ 80°C Our Banja is a truly authentic pleasure. The hot-air bath with temperatures between 70°C and 80°C will truly warm you up. Humidity depends on the intensity and duration of the infusions, which our sauna master celebrates. The typical Banja infusion is made with so-called „Weniki“, genuinely Russian branches of a birch which, immersed in hot water, create a pleasant, fresh birch scent.

SANARIUM \ 60°C Our sanarium invites you to stay longer and unwind. Relax at mild temperatures of 60°C and 40% humidity.

STEAM SAUNA \ 45°C Essential oils of eucalyptus and menthol surround you like fragrant wisps of mist in our steam sauna. The ideal combination of warmth and moisture nourishes and relaxes your whole body in a typical climate of 40-55°C and a very high humidity of 80-100%.



SNOW GROTTTO \ -10°C An absolute highlight is our snow grotto. Here, we invite you at wintery temperatures to enjoy real flaked snow after a relaxing sauna session.

SPA-ETIQUETTE

The CASTLE SPA is an oasis of relaxation and regeneration, therefore we kindly ask you to respect this atmosphere. The only bustling area is our VITALBAR in the winter garden.

Further quiet areas are available on the pool gallery and in the quiet room „Waldwiese“.

Our sensitive and effective relaxation treatments are a very popular service. We therefore recommend that you book early prior your arrival to ensure your preferred date and time of treatment.

We understand that plans can change and we will gladly cancel your treatment free of charge up to 24 hours prior to the appointed reservation.

For later cancelations, we will charge the full amount of the booked treatment. Delays result in a reduction of the regular appointment time in regard of the subsequent guest. We ask for your understanding that short-notice postponements are not possible.

We have been looking forward to your arrival and have placed a spa basket in your room. Fluffy towels can be used at any time during your stay in the Castle Spa. Please note that the soft slippers are not suitable for wearing in the spa. We therefore recommend non-slip bathing shoes for your own comfort and safety.

The health and regeneration of all our guests is important to us, so the CASTLE SPA is a non-smoking area.

Please refrain from using of electronic devices or filming. We will be delighted to provide digital footage of the CASTLE SPA on request. To support this wish, only the spa reception area is therefore equipped with Wi-Fi transmitters.

Junior Spa guests under 16 years of age are welcome from 12.00 to 4.00 pm accompanied by an adult. Please note the CASTLE SPA is a place of relaxation for all our guests.

Our cosy sauna area is the only textile-free zone in the spa. The use of saunas and the fitness area is reserved for our spa guests aged 16 and over.

Our lounging and resting areas are generously planned, so it is not necessary to reserve lounging areas. We will always find a nice and comfortable place for you.

We recommend wearing non-slip bathing shoes in the CASTLE SPA for your own comfort and safety.

Please inform us in advance about special concerns or health restrictions that we may consider. The same applies if you prefer to choose a female or male therapist for your treatment.

As a guest staying in the castle, you are welcome to use our underground spa access and follow the signs for the CASTLE SPA. Otherwise you are very welcome to use our shuttle service.

Lockers are available in our comfortable changing area. Please understand that we accept no liability for the loss of valuables.

Our most important wish:

We are enthusiastic hosts and have the highest demands at ourselves and our environment. Should there ever be cause for criticism, we are extremely grateful for your suggestions. Please contact us directly and give us the opportunity to fulfil your wish.



**MY PLACE LIKE
NO OTHER**



WEISSENHAUS Betriebsgesellschaft mbH

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